

## SACRED JOURNEYS

*Rooted Rituals to Ground, Rebalance, and Renew*

### **Cederberg "Soul"ution (90 mins)**

A soul-deep signature ritual honouring the natural wisdom of Fynbos and Rooibos, warm stone therapy, and healing waters in our Riverside Gazebo.

R2 250

### **Celebration of Life (90 mins)**

A ceremony of touch and stillness — full-body massage, facial and foot ritual to mark a moment, memory, or transition.

R 2 250

### **Bushmans Kloof Signature Massage (60 mins)**

A fusion of Swedish, reflexology, and deep tissue practices – traditional hands-on healing, rooted in local energy.

R 1 600

### **Rose Quartz Massage (90 mins)**

A heart medicine ritual using the sacred stone of love to open the chest, clear emotional tension, and align the upper chakras.

R 2 450

## HANDS OF THE ANCESTORS

*Therapies Guided by Nature and Intuition*

### **Swedish Massage (60 mins)**

Classic, fluid, and deeply restorative.

R 1 150

### **Chakra Candle Massage (60 mins)**

A colour-infused ritual using warm soy candles and scent to balance and realign.

R 1 600

### **Heated Stone Massage (45 / 60 / 90 mins)**

Mother Earth's basalt stones work their warmth into your energy centres.

R 1 450 / R 1 750 / R 2 250

### **Scalp & Foot Grounding (30 mins)**

A ritual of soles and crown, pressure points to reconnect, reawaken.

R 850

### **Back, Neck & Shoulder Ritual (45 mins)**

Focuses on tension-held places; ideal for release after travel or trail.

R 1 200

### **Bellabaci Fire Cupping Massage (60 mins)**

Cupping tradition reinterpreted – lymphatic drainage, energy shift, deep detox.

R 1 650

Optional extra: Get close to nature and book the Riverside Gazebo with any of the Signature Experiences, Touch Therapies and Facials at an additional surcharge of R 200. Please Note: Treatment time includes consultation and welcoming foot ritual.