

THE CAFÉ GRILL

BREAKFAST

All our eggs are free range

Café Breakfast p d e g	R225
crispy bacon pork sausage beef sausage sautéed mushrooms slow-roasted tomato two eggs (fried, poached or scrambled)	
Café Omelette p d e	R160
three-egg omelette with a choice of three fillings: cheddar mozzarella bacon smoked ham chorizo plum tomatoes onion peppers mushrooms chunky herb salsa chopped chilli (Additional fillings each R50)	
Café Eggs Benedict d f g e p	bacon - R170 smoked trout - R205 sauté spinach - R170
toasted English muffin home-made hollandaise sauce	

SANDWICH & WRAPS

Served with French Fries or Salad Gluten free wrap (+R20)

RCH Club Sandwich p d e g	R270
smoked chicken breast fried egg bacon avocado emmental baby gem lettuce sliced tomato	
Steak Sandwich d g e	R260
tomato jam caramelised onions mixed baby leaves mustard mayonnaise toasted ciabatta	
Smoked Salmon Trout Wrap d f g	R235
whole wheat wrap dill cream cheese caper berries fresh avocado red onion	
Grilled Chicken Wrap g s	R235
whole wheat wrap peppadew hummus baby gem lettuce fresh avocado caramelised onion	

BURGERS

Buttermilk Fried Chicken Burger g e s	R210
crispy fried chicken breast gherkins baby gem lettuce spicy mayonnaise crispy fries	
12A Vegan Burger g s	R200
home-made veggie patty avocado baby gem lettuce salsa fresca lemon aioli crispy fries	
Café Beef Burger g d c s e	R200
baby gem lettuce sliced tomato aioli barbeque onions mozzarella or cheddar cheese crispy fries	

GRILLS

Mature Sirloin Steak **d** **C** R305
Café de Paris butter | crispy fries | seasonal vegetables

Mature Beef Fillet **d** **C** R365
Café de Paris butter | crispy fries | seasonal vegetables

SEAFOOD

Classic Fish & Chips **g** **f** **e** R230
hake fillets | crispy beer batter | tartare sauce | crispy fries | side salad

Catch of the Day **f** **d** **g** R315
grilled SASSI line fish | lemon salsa fresca | seasonal baby vegetables
crispy potato cake

Fish Cakes **g** **d** **f** **e** R250
home-made sustainable fish cakes | lemon aioli | crispy fries | side salad

CURRIES

Cape Malay Chickpea, Potato & Lentil **g** **d** **sp** **C** **S** R250
basmati rice | butter roti | poppadums | selection of sambals

Mozambique Coconut Chicken **g** **d** **sp** **C** **S** R285
basmati rice | butter roti | poppadums | selection of sambals

PASTA

Chicken Linguine **g** **d** R235
grilled chicken breast | creamy mushroom sauce
pan-roasted mushrooms | Parmigiano Reggiano

Pasta Primavera **g** **d** **C** R225
lightly sautéed vegetables in a rich, creamy tomato sauce
linguine pasta | Parmigiano Reggiano

SOUPS

Chicken Noodle Soup **g** **d** **C** **e** R165
taken from her book 'A Life in Food', Bea Tollman's famous home-made
chicken noodle broth with carrots | celery | noodles | mini chicken pie

Rustic Tomato Soup **g** **d** **n** R160
slow-roasted tomatoes | chunky herb salsa | Parmesan crumbs
toasted ciabatta

SALADS

- Prawn Cocktail** **sf e** R250
marinated queen prawns | mixed baby leaves | avocado | lime segments
Marie Rose dressing
- Chicken Cobb Salad** **p e d** R225
lettuce | boiled egg | avocado | grilled chicken breast | pancetta
blue cheese | cobb dressing
- Caesar Salad** **g e p d f** R180
lettuce | Caesar dressing | anchovies | crispy bacon
Parmigiano Reggiano | herb croutons
- add grilled chicken breast - R165
- add smoked salmon trout - R260
- 12A Fresh Vegetable Salad** **f d c e** R175
mixed baby leaves | seasonal raw vegetables | house vinaigrette
avocado | green goddess sauce
- Vegan Bowl** **s g** R175
chunky herb quinoa | grilled corn | roast carrots | marinated chickpeas
tomato concasse | avocado | pumpkin seed crumble | cider & mustard
vinaigrette

DESSERTS

- Western Cape Cheese Board** **g d s** R250
Four local cheeses | toasted ciabatta | seed crackers
home-made preserves
- Bea's Baked Cheesecake** **d c** R225
served with vanilla cream & strawberry gel
- Bea's Creamy Rice Pudding** **d n** R115
with candied nuts & caramel
- Seasonal Fruit Selection** **d** R150
sliced seasonal fruit | yogurt | berry gel
- Trio of Home-Made Ice Cream or Sorbet** **d e n** R140
- Ice Cream**
vanilla | chocolate | strawberry | honeycomb | peppermint crisp | coffee
- Sorbets**
please ask your waitron for details

C celery **d** dairy **e** egg **f** fish **g** gluten **n** nuts **p** pork **s** seeds **sf** shellfish **sp** spices **v** vegetarian