

# THE CAFE GRILL

## THE TWELVE APOSTLES HOTEL & SPA

### BREAKFAST

Served with plain or toasted white, brown, wholewheat or gluten-free bread.  
Ask your waiter for other available options. All our eggs are free range.

<b>CAFÉ BREAKFAST (D, P, E)</b>	<b>250</b>
Crispy bacon, pork sausage, beef sausage, sautéed mushrooms, slow-roasted tomato & two eggs (fried, poached or scrambled)	
<b>CAFÉ OMELETTE (D, P, E)</b>	<b>180</b>
Three-egg omelette with a choice of three fillings: cheddar, mozzarella, bacon, smoked ham, chorizo, plum tomatoes, onion, peppers, mushrooms chunky herb salsa & chopped chilli	
Add additional fillings	<b>50</b>

<b>CAFÉ EGGS BENEDICT (D, P, E, G)</b>	
Toasted English muffin & homemade hollandaise sauce	
Bacon	<b>190</b>
Smoked trout	<b>230</b>
Sautéed spinach	<b>185</b>

### SANDWICHES & WRAPS

Served with crispy fries or salad. Gluten-free wrap (+20) Served with plain or toasted white, brown, wholewheat, sourdough or gluten-free bread. Ask your waiter for other available options.

<b>RCH CLUB SANDWICH (D, G, E, P)</b>	<b>290</b>
Smoked chicken breast, fried egg, bacon, avocado, Emmental, baby gem lettuce & sliced tomato	
<b>STEAK SANDWICH (D, G, E)</b>	<b>285</b>
Tomato jam, caramelised onions, mixed baby leaves, mustard mayonnaise, toasted ciabatta	
<b>BRAAI BROODJIE (D, G)</b>	<b>260</b>
Onion jam, Brie cheese, sour cream, beef biltong, tomato & Chef Christo braai spice	
<b>SMOKED SALMON TROUT WRAP (D, G)</b>	<b>265</b>
Wholewheat wrap, dill, cream cheese, caper berries, fresh avocado & red onion	

<b>GRILLED CHICKEN WRAP (D, G)</b>	<b>250</b>
Wholewheat wrap, Peppadew hummus, baby gem lettuce, fresh avocado & caramelised onion	
<b>SOURDOUGH TOASTIE (D, G)</b>	
Cheddar cheese & tomato (V)	<b>175</b>
Gypsy ham, mustard mayonnaise & cheddar cheese (P, E)	<b>185</b>
<b>BREAD BOARD (D, G)</b>	<b>105</b>
Bea Tollman seed loaf, garlic & herb focaccia, seed crackers, smoked fish pate & salted whipped butter	
	<b>185</b>

### BURGERS

<b>BUTTERMILK FRIED CHICKEN BURGER (D, G, E)</b>	<b>235</b>
Crispy fried chicken breast, gherkins, baby gem lettuce, tomato, spicy mayonnaise & crispy fries	
<b>12A VEGAN BURGER (VG, G)</b>	<b>225</b>
Homemade veggie patty, avocado, baby gem lettuce, salsa fresca, lemon aioli & crispy fries	

<b>RCH BEEF BURGER (D, P, G, E)</b>	<b>275</b>
Brioche bun, caramelised onion jam, cheddar cheese, crispy bacon, RCH burger sauce & crispy fries	

### GRILL SELECTION

<b>MATURE SIRLOIN STEAK 200G (D, G)</b>	<b>330</b>
Café de Paris butter, crispy fries & seasonal vegetables	

<b>MATURE BEEF FILLET 200G (D, G)</b>	<b>395</b>
Café de Paris butter, crispy fries & seasonal vegetables	

V-Vegetarian | VG-Vegan | D-Dairy | S-Shellfish | N-Nuts | P-Pork | G-Gluten | A-Alcohol | E-Egg

 A favourite signature dish of Mrs T, our Founder and President.

Please advise a member of our service team before ordering if you have any food allergies or special dietary requirements.  
Prices include VAT at the current standard rate. A discretionary 12.5% service charge will be added to your bill.

## SEAFOOD

<b>CLASSIC FISH &amp; CHIPS (D, G, E)</b> 255 Hake fillets, crispy beer batter, tartare sauce, hand cut fries & side salad	<b>FISH CAKES (D, G, E)</b> 240 Homemade sustainable fish cakes, lemon aioli, crispy fries & side salad
<b>CATCH OF THE DAY (D, G, E)</b> 310 Grilled SASSI sustainable line fish, lemon, seasonal baby vegetables & crispy potato cake	

## CURRIES

<b>CAPE MALAY CHICKPEA, POTATO &amp; LENTIL (VG, G)</b> 235 Basmati rice, butter roti, poppadums & selection of sambals	<b>MOZAMBIQUE COCONUT CHICKEN (D, G)</b> 250 Basmati rice, butter roti, poppadums & selection of sambals
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## PASTA

<b>CHICKEN LINGUINE (D, G)</b> 255 Grilled chicken breast, creamy mushroom sauce, pan-roasted mushrooms & Parmigiano Reggiano	<b>BEA'S PASTA PRIMAVERA (D, G, V)</b> 🍷 245 Lightly sautéed vegetables in a rich, creamy tomato sauce, linguine pasta & Parmigiano Reggiano
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## SOUPS

<b>BEA'S CHICKEN NOODLE SOUP (D, G, E)</b> 🍷 180 Taken from her book 'A Life in Food', Bea Tollman's famous home-made chicken noodle broth with carrots, celery, noodles & mini chicken pie	<b>RUSTIC TOMATO SOUP (D, G, V)</b> 175 Slow-roasted tomatoes, chunky herb salsa, Parmesan crumbs & toasted ciabatta
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## SALADS

<b>BEA'S PRAWN COCKTAIL (S, E)</b> 🍷 280 Marinated queen prawns, mixed baby leaves, avocado, lime segments & Marie Rose dressing	<b>12A FRESH VEGETABLE SALAD (VG)</b> 215 Mixed baby leaves, seasonal raw vegetables, house vinaigrette, avocado & green goddess sauce
<b>CHICKEN COBB SALAD (D, P, E)</b> 245 Lettuce, boiled egg, avocado, grilled chicken breast, crispy bacon, blue cheese & Cobb dressing	<b>VEGAN BOWL (VG)</b> 190 Chunky herb quinoa, grilled corn, roast carrots, marinated chickpeas, tomato concassé, avocado, pumpkin seed crumble, cider & mustard vinaigrette
<b>CAESAR SALAD (D, G, E, P)</b> 195 Lettuce, Caesar dressing, anchovies, crispy bacon, Parmigiano Reggiano & herb croutons - add grilled chicken breast 215 - add smoked salmon trout 280	

## DESSERTS

<b>WESTERN CAPE CHEESE BOARD (V, D, G)</b> 315 Four local cheeses, toasted ciabatta, seed crackers & homemade preserves	<b>TRIO OF HOME-MADE ICE CREAM OR SORBET</b> 150
<b>BEA'S BAKED CHEESECAKE (V, D, G, E)</b> 240 Served with vanilla cream & strawberry gel	<b>ICE CREAM (V, D, E)</b> Vanilla, chocolate, strawberry, Bea's honeycomb, Peppermint Crisp or coffee
<b>BEA'S CREAMY RICE PUDDING (V, D, N)</b> 145 Served chilled with candied nuts & caramel	<b>SORBETS (VG)</b> Please ask your waitron for details
<b>SEASONAL FRUIT SELECTION (V, D)</b> 190 Sliced seasonal fruit, yogurt & berry gel	<b>RCH AFFOGATO (D, E)</b> 105 Vanilla bean ice cream, espresso & Aero chocolate

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