



*Summer Lodge*

COUNTRY HOUSE HOTEL & RESTAURANT



# ANIMAL SPA TREATMENT MENU

SERVICES BY CHARLOTTE ERIKA WALKER

THIS MENU IS IN PARTNERSHIP WITH CHARLOTTE ERIKA WALKER  
WHO WILL OFFER THE TREATMENTS AT SUMMER LODGE



## ENERGY HEALING FOR ANIMALS

1 hour/1.5 hours: £75

A holistic treatment of universal energy healing incorporating any of the following treatments:

Crystal healing, bach flower remedies, animal communication, LED light therapy, or sound therapy.



## ENERGY HEALING FOR PETS & THEIR HUMAN

2 hours: £100

A holistic treatment of universal energy healing incorporating any of the following treatments:

Crystal healing, bach flower remedies, animal communication, LED light therapy, sound therapy, or card reading.



## SELF SELECTION WITH HERBAL OILS

1 hour/1.5 hours: £75

Self selection also known as self medication;  
Greek name: Zoopharmacognosy.

The session starts with two hydrosols also known as flower waters. With similar properties to essential oils, these aromatic waters are much less concentrated. These have emotional support benefits. Next, the introduction of eight nutritional food oils with natural culinary plant Ingredients of herbal origin. They have both sensory and food enrichment qualities to enhance your dog's wellbeing physically and emotionally.



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## ANIMAL NUTRITIONAL CONSULTATION

1 hour/1.5 hours: £60

What can you feed your dog or cat?

A consultation on 'real, home-cooked food' including meats, fish, vegetables, fruits, nutritional oils, herbs, seeds, nuts, dairy, and grains will be assessed and we can do a barf consultation. Food supplement/food remedy product advice is available with these products to purchase.

Food reviews can also be undertaken if your dog or cat is experiencing food sensitivities and allergies such as skin issues, recurring ear or urine infections, and/or stomach issues, eating of grass etc.



## CANINE MASSAGE

1 hour/1.5 hours: £75

Our Relax HAOK9 Massage aims to address and support healing for general wellbeing, mobility, recovery and promote improvement in quality of life and relaxation.

Relax HAOK9 Massage is not a single technique based therapy but a multimodal approach to holistic wellbeing for dogs. We have a canine massage therapist, who provides a non-manipulative massage therapy session that can provide huge physical and psychological benefits for your dog.







## LED LIGHT THERAPY

30 minutes: £25

Photizo Light Therapy devices harness the healing power of red and infrared light at special wavelengths proven to be effective in accelerating natural healing of the body, reducing swelling and inflammation, stimulating the immune system and relieving pain.

Cells that are damaged following trauma can be rejuvenated by red and infrared light.



## CANINE/FELINE BEHAVIOUR CONSULTATION

1 hour/1.5 hours: £60

Through consultation, understanding how many behaviours are linked to physical or emotional response, we will confirm what is affecting a behaviour. If linked to physical issue and the behaviour has not been assessed by a veterinarian, then this is a key priority. A treatment of energy healing and/or LED light therapy would be beneficial. If linked to emotional response, this can be treated with energy healing, bach flower remedy healing and sound.



## ANIMAL COMMUNICATION

This can be in-house or distance communication  
30 minutes (with write up): £45

Have you ever had any questions for your dog or cat? Or want to tell them something? Have you ever wondered what they might be thinking? Have you ever wondered if you could make their life 'better' or if there was any way you could help them with their needs? Do you feel that your pet could benefit from animal communication? This is your chance to address all those questions you may have.



## BACH FLOWER REMEDY CONSULTATION

1 hour/1.5 hours: £75

Emotional healing with creature comforters  
bach flower remedies. Through emotional and  
behavioural consultation, we find the right remedy  
for your pet. However, this is only after we have  
allowed your pet to self-select/self-medicate  
to find themselves a remedy.

Note: We have never known an animal to self-  
select/self-medicate the 'wrong' remedy.



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## SOUND THERAPY

30 minutes: £30

The vibration of binaural beats are known to have a positive healing effect on the body. Binaural beats of 396 Hz turn grief into joy from past trauma whether physical, emotional or spiritual. 432 Hz clears emotional blocks. 528 Hz repairs cellular DNA, removing sickness and disease.

## CRYSTAL HEALING

This can be in-house or performed  
as distance healing  
30 minutes: £30

Crystals hold healing properties, whether physical, emotional or spiritual. They can be associated with chakra points of the body but not inclusively. By intuition, your pet can choose the 'right' crystal for its own healing. We also use our own intuition to find the 'right' crystals for your pet's needs at that moment in time.



## TTouch FOR YOU

30 minutes: £30

Learn how to use TTouch for yourself by implementing three basic techniques of HeartHug™, mouth touch, and ear touch which are known to help physically and emotionally. People of all ages have found a sense of wellbeing and renewal using TTouch. They have received relief from everyday physical and emotional issues such as headaches, backache, neck pain, depression and sensitivity to touch.

Disclaimer: This therapy is a complementary therapy, therefore it does not replace any conventional treatment from medical professionals for a clinical condition or ailment; medical assessment and/or treatment must be sought first. However, this therapy is a wonderful complementary therapy for a holistic approach.



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# YOUR POWER ANIMAL TOTEM CARD READING

30 minutes: £30

This can be in-house or as a distanced reading. Power animals are spirit guides in animal form who provide protection, guidance, and healing. The deck used are Power Animal Oracle Cards by Steven Farmer with 44 oracle Cards which will connect you with your animal's spirit guide. They will advise you about any aspect of your life.



## END OF LIFE & BEREAVEMENT HEALING

1 hour donations only

Helping you and your beloved pet to prepare for a peaceful, calm and comfortable transition when the time comes.



## ANIMAL HEALTH & HEALING DISCLAIMER

Any therapy is a complementary therapy, therefore it does not replace any conventional treatment from medical professionals for a clinical condition or ailment for animals and/or humans; medical assessment and/or treatment must be sought first. However, these therapies are wonderful complementary therapies for a holistic approach.

Insured by Balens Ltd.

Please book by calling: 07799920307  
or emailing: [hello@animal-health-and-healing.co.uk](mailto:hello@animal-health-and-healing.co.uk)  
Charlotte Erika Walker @AnimalHealthUK

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