

IN-ROOM DINING MENU

THE TWELVE APOSTLES HOTEL AND SPA

There will be a R55 tray charge per order

BREAKFAST (AVAILABLE 07H00 - 11H00)

Served with plain or toasted white, brown, wholewheat, or gluten-free bread.

CAFÉ BREAKFAST (D, P, E)	250	CAFÉ OMELETTE (D, P, E)	180
Crispy bacon, pork sausage, beef sausage, sautéed mushrooms, slow roasted tomato & two eggs (fried, poached or scrambled)		Three-egg omelette with a choice of three fillings: Cheddar, Mozzarella, bacon, smoked ham, chorizo, plum tomatoes, onion, peppers, mushrooms, chunky herb salsa, chopped chilli	
CAFÉ EGGS BENEDICT (D, P, G, E)		Additional fillings each	50
Toasted English muffin & homemade hollandaise sauce			
Bacon (P)	190		
Smoked salmon trout	230		
Sautéed spinach	185		

SANDWICHES & WRAPS (AVAILABLE 24/7)

Served with plain or toasted white, brown, wholewheat, sourdough, or gluten-free bread.

RCH CLUB SANDWICH (D, P, G, E)	290	HAM & CHEESE SANDWICH (D, P, G)	185
Smoked chicken breast, fried egg, bacon, fresh avocado, Emmental cheese, baby gem lettuce & sliced tomato		On sourdough	
CHEESE & TOMATO SANDWICH (V, D, G)	175	SMOKED SALMON TROUT WRAP (D, G)	265
On sourdough		Wholewheat wrap, dill cream cheese, caper berries, fresh avocado & red onion	

SALADS & SOUPS (AVAILABLE 24/7)

CAESAR SALAD (D, P, G, E)	195	RUSTIC TOMATO SOUP (V, D, G)	175
Lettuce, Caesar dressing, anchovies, crispy bacon, Parmigiano Reggiano & herb croutons		Slow-roasted tomatoes, chunky herb salsa, Parmesan crumbs & toasted ciabatta	
Grilled chicken	215	BEA'S CHICKEN NOODLE SOUP (D, G, E)	180
Smoked salmon trout	280	Taken from her book 'Life in Food', Bea Tollman's famous homemade chicken noodle broth with carrots, celery, noodles & a mini chicken pie	
12A FRESH VEGETABLE SALAD (V)	215		
Mixed baby leaves, seasonal raw vegetables, house vinaigrette, fresh avocado & green goddess sauce			
BEA'S PRAWN COCKTAIL (D, S, E)	280		
Marinated queen prawns, mixed baby leaves, fresh avocado, lime segments, Marie Rose dressing			

V-Vegetarian | VG-Vegan | D-Dairy | S-Shellfish | N-Nuts | P-Pork | G-Gluten | A-Alcohol | E-Egg

 A favourite signature dish of Mrs T, our Founder and President.

Please advise a member of our service team before ordering if you have any food allergies or special dietary requirements. Prices include VAT at the current standard rate.

A discretionary 12.5% service charge will be added to your bill.

BURGERS (AVAILABLE 24/7)

RCH BEEF BURGER (D, P, G, E) 275 Brioche bun, caramelised onion jam, Cheddar cheese, crispy bacon, RCH burger sauce & crispy fries	12A VEGAN BURGER (VG, G) 225 Homemade veggie patty, avocado, baby gem lettuce, salsa fresca, lemon aioli & crispy fries
BUTTERMILK FRIED CHICKEN BURGER (D, G, E) 235 Crispy fried chicken breast, gherkins, tomato, baby gem lettuce, spicy mayonnaise & crispy fries	

PASTA (AVAILABLE 24/7)

CHICKEN LINGUINE (D, G) 255 Grilled chicken breast, creamy mushroom sauce, pan roasted mushrooms & Parmigiano Reggiano	BEA'S PASTA PRIMAVERA (D, G, V) 🍄 245 Lightly sautéed vegetables in a rich, creamy tomato sauce, linguine pasta & Parmigiano Reggiano
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GRILL SELECTION (AVAILABLE 11H00 - 22H30)

MATURE SIRLOIN STEAK 200G (D, G) 330 Café de Paris butter, crispy fries & seasonal vegetables	MATURE BEEF FILLET 200G (D, G) 395 Café de Paris butter, crispy fries & seasonal vegetables
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SEAFOOD (AVAILABLE 11H00 - 22H30)

CATCH OF THE DAY (D, G, E) 310 Grilled SASSI line fish, lemon salsa fresca, seasonal baby vegetables & crispy potato cake	CLASSIC FISH & CHIPS (G, E) 255 Hake fillets, crispy beer batter, tartare sauce, hand cut fries & side salad
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TO FINISH (AVAILABLE 24/7)

WESTERN CAPE CHEESE BOARD (V, D, G) 315 Four local cheeses, toasted ciabatta, seed crackers & homemade preserves	TRIO OF HOMEMADE ICE CREAM (V, D, E) 150 Vanilla, chocolate, strawberry, Bea's honeycomb, Peppermint Crisp & coffee
BEA'S CHEESECAKE (V, D, G, E) 🍄 240 Served with vanilla cream & strawberry gel	TRIO OF SORBET (VG) 150 Please ask your waitron for details
SEASONAL FRUIT SELECTION (V, D) 190 Sliced seasonal fruit, yoghurt & berry gel	

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IN-ROOM DINING CHILDREN'S MENU

SANDWICHES & WRAPS (AVAILABLE 24/7)

Sandwiches are served plain, or toasted, on white, or brown bread, wholewheat wraps, sourdough or gluten-free wraps, all served with fries, or a side salad. Gluten-free wrap 20

CHEESE & TOMATO (V, D, G)	90	CHICKEN MAYONNAISE (D, G, E)	90
HAM & MOZZARELLA CHEESE (V, P G)	90	VEGAN GOUDA & AVOCADO (VG)	90
TUNA MAYONNAISE (D, G)	90	EGG MAYONNAISE (D, G, E)	90

SIGNATURE MAINS (AVAILABLE 24/7)

Served with salad, vegetables, or fries

CRUDITÉS (V, D) Cheddar & mozzarella sticks, carrots, cucumber & hummus	85	SPAGHETTI PASTA (D, G) Butter and Parmesan, Chicken and broccoli Alfredo Bolognese	110
MINI BURGERS (D, G) Barbecue chicken, beef or vegan, all served with fries, or a side salad	125	MACARONI & CHEESE (V, D, G) Macaroni pasta with creamy Cheddar cheese sauce	100
GRILLED OR CRUMBED CHICKEN STRIPS (D) With barbecue dip, served with fries, mash or side salad	110	PIZZA (D, G, P) Ham & pineapple, bacon & mushroom, tomato & mozzarella cheese or avocado & feta	155
CRUMBED FISH NUGGETS (D, G, E) With herb yoghurt dip, served with fries, mash or side salad	100	BEEF OR PORK BANGERS (D, P) Served with mash & peas	100
FISH & CHIPS (G, D, E) Battered or grilled served with salad or steamed carrots and broccoli	115	NOODLES (P, E, G) Egg noodles with side peas, bacon bits, corn	90

TO FINISH (AVAILABLE 24/7)

ICE CREAM SUNDAE (D, G, E) Chocolate & vanilla or vanilla & berries	95	CHOCOLATE BROWNIES (D, G, E) With vanilla ice cream	85
WAFFLE & STRAWBERRY SALAD (D, G, E) With vanilla ice cream	95	SLICED FRUIT PLATTER (V, D) With yoghurt, or sorbet	90
VEGAN YOGHURT & BERRY PARFAIT (V, D, G) Vegan coconut yoghurt with seasonal berries	85	VEGAN COOKIES (VG, G, N) Vegan peanut butter & oat cookies	60

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IN-ROOM DINING MINI BAR

DRINKS (AVAILABLE 24/7)

BEERS

Castle Lite	60
Amstel Lager	60

WINES

Raats Chenin Blanc	650
Beyerskloof Pinotage	510

GINS

Musgrave Pink	85
Musgrave 11	85

SOFT DRINKS

Assorted soft drinks & mixers	45
Bos Iced Tea	46

SNACKS (AVAILABLE 24/7)

BEEF BILTONG (240G)	215	BEEF DROËWORS (120G)	160
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