### TN-ROOM DINING

### There will be a R55 tray charge per order.

Available 07h00-11h00

### **BREAKFAST**

Served with plain or toasted white, brown, wholewheat, or gluten-free bread.

CAFÉ BREAKFAST (D, P, E)	245	CAFÉ OMELETTE (D, P, E)	175
Crispy bacon, pork sausage, beef sausage, sautéed		3-egg omelette with a choice of 3 fillings: cheddar, m	
mushrooms, slow roasted tomato, 2 eggs (fried, po	pached or	bacon, smoked ham, chorizo, plum tomatoes, onion,	peppers,
scrambled)		mushrooms, chunky herb salsa, chopped chilli	45
CAFÉ EGGS BENEDICT (D, P, G, E)		Additional fillings each	45
Toasted English muffin, homemade hollandaise sa	исе		
- bacon (P)	185		

225

185

- smoked salmon trout

- sautéed spinach

Available 24 Hours

### **SANDWICHES & WRAPS**

Served with plain or toasted white, brown, wholewheat, sourdough, or gluten-free bread.

<b>RCH CLUB SANDWICH</b> (D, P, G, E) Smoked chicken breast, fried egg, bacon, fresh av emmental cheese, baby gem lettuce, sliced tomat		<b>HAM &amp; CHEESE SANDWICH</b> (D, P, G) On sourdough	185
CHEESE & TOMATO SANDWICH (V, D, G) On sourdough	175	<b>SMOKED SALMON TROUT WRAP</b> (D, G) Wholewheat wrap, dill cream cheese, caper berries, fresh avocado, red onion	250

### **SALADS & SOUPS**

<b>CAESAR SALAD</b> (D, P, G, E) Lettuce, Caesar dressing, anchovies, crispy bacon, Parmigiano Reggiano, herb croutons	195	<b>RUSTIC TOMATO SOUP</b> (V, D, G) <b>175</b> Slow-roasted tomatoes, chunky herb salsa, Parmesan crumbs, toasted ciabatta
- grilled chicken	215	
- smoked salmon trout	280	<b>BEA'S CHICKEN NOODLE SOUP</b> (D, G, E) <b>180</b> Taken from her book 'A Life in Food', Bea Tollman's famous
<b>12A FRESH VEGETABLE SALAD</b> (V) Mixed baby leaves, seasonal raw vegetables, house vinaigrette, fresh avocado, green goddess sauce	190	homemade chicken noodle broth with carrots, celery, noodles, a mini chicken pie
<b>BEA'S PRAWN COCKTAIL</b> (D, S, E) Marinated queen prawns, mixed baby leaves, fresh avocado, lime segments. Marie Rose dressing	270	

V-Vegetarian | VG-Vegan | D-Dairy | S-Shellfish | N-Nuts | P-Pork | G-Gluten | A-Alcohol | E-Egg

Items marked with a  $\nearrow$  denotes a favourite signature dish of Mrs T, our Founder and President.

If you have any special dietary restrictions or allergies, please advise a member of the service team. A full list of allergens within each of our dishes can be obtained from your waiter. Kindly note that a discretionary 12.5% service charge will be added to your bill. Thank you for your generosity.

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### **BURGERS**

### RCH BEEF BURGER (D, P, G, E)

**265 12A VEGAN BURGER** (VG, G)

215

Brioche bun, caramelised onion jam, cheddar cheese, crispy bacon, RCH burger sauce, crispy fries

Homemade veggie patty, avocado, baby gem lettuce, salsa fresca, lemon aioli crispy fries

### **BUTTERMILK FRIED CHICKEN BURGER (D, G, E) 225**

Crispy fried chicken breast, gherkins, tomato, baby gem lettuce, spicy mayonnaise, crispy fries

### **PASTA**

**CHICKEN LINGUINE** (D, G)

**225** BEA'S PASTA PRIMAVERA (D, G, V)

245

Grilled chicken breast, creamy mushroom sauce, pan roasted mushrooms, Parmigiano Reggiano

Lightly sautéed vegetables in a rich, creamy tomato sauce, linguine pasta, Parmigiano Reggiano

Available 11h00 - 22h30

### **GRILLS**

MATURE SIRLOIN STEAK (200g) (D, G)

**330** MATURE BEEF FILLET (200g) (D, G)

395

Café de Paris butter, crispy fries, seasonal vegetables

Café de Paris butter, crispy fries, seasonal vegetables

### **SEAFOOD**

**CATCH OF THE DAY** (D, G, E)

340 CLASSIC FISH & CHIPS (G, E)

248

Grilled SASSI line fish, lemon salsa fresca, seasonal baby vegetables, crispy potato cake

Hake fillets, crispy beer batter, tartare sauce, crispy fries, side salad

### Available 24 Hours

### **DESSERT**

WESTERN CAPE CHEESE BOARD (V, D, G)

Four local cheeses, toasted ciabatta, seed crackers,

homemade preserves

TRIO OF HOMEMADE ICE CREAM (V, D, E)

156

Vanilla, chocolate, strawberry, Bea's honeycomb, Peppermint Crisp, coffee

BEA'S CHEESCAKE (V, D, G, E)

245

315

TRIO OF SORBET (VG)

156

Please ask your waitron for details

SEASONAL FRUIT SELECTION (V, D) 190

Sliced seasonal fruit, yoghurt, berry gel

Served with vanilla cream, strawberry gel

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## TN-ROOM DINING CHILDREN'S MENU

### Available 24 Hours

### **SANDWICHES & WRAPS**

Sandwiches are served plain, or toasted, on white, or brown bread, wholewheat wraps, sourdough or gluten-free wraps, all served with fries, or a side salad. - Gluten free wrap **20** 

CHEECE C TONATO (V D C)

**VEGAN YOGHURT & BERRY PARFAIT (V, D, G)** 

Vegan coconut yoghurt with seasonal berries

CHICKENIA ANYONINIA ICE (D. C. E)

CHEESE & IOMAIO (V, D, G)	85	CHICKEN MAYONNAISE (D, G, E)	85	
HAM & MOZZARELLA CHEESE (V, P G)	85	VEGAN GOUDA & AVOCADO (VG)	85	
TUNA MAYONNAISE (D, G)	85	EGG MAYONNAISE (D, G, E)	85	
MAIN COURSES				
Served with salad, vegetables, or fries				

CRUDITÉS (V, D) 80 Cheddar & mozzarella sticks, carrots, cucumber, hummus		<b>SPAGHETTI PASTA</b> (D, G) Butter and Parmesan, chicken and broccoli alfredo, or bolognese.		
<b>MINI BURGERS</b> (D, G) Barbecue chicken, beef or vegan, all served with fries or a side salad	<b>110</b>	MACARONI & CHEESE (V, D, G) Macaroni pasta with creamy cheddar cheese sauce	95	
<b>GRILLED OR CRUMBED CHICKEN STRIPS</b> (D) With barbecue dip, served with fries, mash or side so		<b>PIZZA</b> (D, G, P) Ham & pineapple, bacon & mushroom, tomato & mozzarella cheese or avocado & feta	100	
<b>CRUMBED FISH NUGGETS</b> (D, G, E) With herb yoghurt dip, served with fries, mash or side		<b>BEEF OR PORK BANGERS</b> (D, P) Served with mash & peas	100	
<b>FISH &amp; CHIPS</b> (G, D, E) Battered or grilled served with salad or steamed carrand broccoli	<b>100</b> ots	<b>NOODLES</b> (P, E, G) Egg noodles with side peas, bacon bits, corn	90	
DESSERTS				
ICE CREAM SUNDAE (D, G, E) Chocolate & vanilla or vanilla & berries	85	<b>CHOCOLATE BROWNIES</b> (D, G, E) With vanilla ice cream	85	
<b>WAFFLE &amp; STRAWBERRY SALAD</b> (D, G, E) With vanilla ice cream	85	<b>SLICED FRUIT PLATTER</b> (V, D) With yoghurt, or sorbet	80	

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**VEGAN COOKIES** (VG, G, N)

Vegan peanut butter & oat cookies

50

85

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# TN-ROOM DINING TRINI BAR

### **DRINKS**

<b>BEERS</b> Castle Lite Amstel Lager	60 60	<b>GINS</b> Musgrave Pink Musgrave 11	85 85
<b>WINES</b> Bouchard Finlayson Sauvignon Blanc Bouchard Finlayson Hannibal	500 1050	<b>SOFT DRINKS</b> Assorted soft drinks & mixers Bos Iced Tea	45 46
	Available	24 Hours	
	SNA	ACKS	
BEEF BILTONG (240g)	215	BEEF DROËWORS (120g)	160

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