

IN-ROOM DINING MENU

THE TWELVE APOSTLES HOTEL AND SPA

There will be a R55 tray charge per order

BREAKFAST (AVAILABLE 07H00 - 11H00)

Served with plain or toasted white, brown, wholewheat, or gluten-free bread.

CAFÉ BREAKFAST (D, P, E)	245	CAFÉ OMELETTE (D, P, E)	175
Crispy bacon, pork sausage, beef sausage, sautéed mushrooms, slow roasted tomato, two eggs (fried, poached or scrambled)		Three-egg omelette with a choice of three fillings: Cheddar, Mozzarella, bacon, smoked ham, chorizo, plum tomatoes, onion, peppers, mushrooms, chunky herb salsa, chopped chilli	
CAFÉ EGGS BENEDICT (D, P, G, E)		Additional fillings each	45
Toasted English muffin, homemade hollandaise sauce			
Bacon (P)	185		
Smoked salmon trout	225		
Sautéed spinach	185		

SANDWICHES & WRAPS (AVAILABLE 24/7)

Served with plain or toasted white, brown, wholewheat, sourdough, or gluten-free bread.

RCH CLUB SANDWICH (D, P, G, E)	290	HAM & CHEESE SANDWICH (D, P, G)	185
Smoked chicken breast, fried egg, bacon, fresh avocado, emmental cheese, baby gem lettuce, sliced tomato		On sourdough	
CHEESE & TOMATO SANDWICH (V, D, G)	175	SMOKED SALMON TROUT WRAP (D, G)	250
On sourdough		Wholewheat wrap, dill cream cheese, caper berries, fresh avocado, red onion	

SALADS & SOUPS (AVAILABLE 24/7)

CAESAR SALAD (D, P, G, E)	195	RUSTIC TOMATO SOUP (V, D, G)	175
Lettuce, Caesar dressing, anchovies, crispy bacon, Parmigiano Reggiano, herb croutons		Slow-roasted tomatoes, chunky herb salsa, Parmesan crumbs, toasted ciabatta	
Grilled chicken	215	BEA'S CHICKEN NOODLE SOUP (D, G, E) 🍲	180
Smoked salmon trout	280	Taken from her book 'Life in Food', Bea Tollman's famous homemade chicken noodle broth with carrots, celery, noodles, a mini chicken pie	
12A FRESH VEGETABLE SALAD (V)	190		
Mixed baby leaves, seasonal raw vegetables, house vinaigrette, fresh avocado, green goddess sauce			
BEA'S PRAWN COCKTAIL (D, S, E) 🍤	270		
Marinated queen prawns, mixed baby leaves, fresh avocado, lime segments, Marie Rose dressing			

V-Vegetarian | VG-Vegan | D-Dairy | S-Shellfish | N-Nuts | P-Pork | G-Gluten | A-Alcohol | E-Egg



A favourite signature dish of Mrs T, our Founder and President.

Please advise a member of our service team before ordering if you have any food allergies or special dietary requirements. Prices include VAT at the current standard rate.

A discretionary 12.5% service charge will be added to your bill.

BURGERS (AVAILABLE 24/7)

RCH BEEF BURGER (D, P, G, E) 265
Brioche bun, caramelised onion jam,
Cheddar cheese, crispy bacon,
RCH burger sauce, crispy fries

**BUTTERMILK FRIED
CHICKEN BURGER (D, G, E)** 225
Crispy fried chicken breast, gherkins, tomato,
baby gem lettuce, spicy mayonnaise,
crispy fries

12A VEGAN BURGER (VG, G) 215
Homemade veggie patty, avocado,
baby gem lettuce, salsa fresca,
lemon aioli crispy fries

PASTA (AVAILABLE 24/7)

CHICKEN LINGUINE (D, G) 235
Grilled chicken breast, creamy mushroom
sauce, pan roasted mushrooms,
Parmigiano Reggiano

BEA'S PASTA PRIMAVERA (D, G, V) 🍄 245
Lightly sautéed vegetables in a rich,
creamy tomato sauce, linguine pasta,
Parmigiano Reggiano

GRILLS (AVAILABLE 11H00 - 22H30)

MATURE SIRLOIN STEAK 200G (D, G) 295
Café de Paris butter, crispy fries,
seasonal vegetables

MATURE BEEF FILLET 200G (D, G) 395
Café de Paris butter, crispy fries,
seasonal vegetables

SEAFOOD (AVAILABLE 11H00 - 22H30)

CATCH OF THE DAY (D, G, E) 310
Grilled SASSI line fish, lemon salsa fresca,
seasonal baby vegetables, crispy potato cake

CLASSIC FISH & CHIPS (G, E) 245
Hake fillets, crispy beer batter, tartare sauce,
hand cut fries, side salad

TO FINISH (AVAILABLE 24/7)

**WESTERN CAPE
CHEESE BOARD (V, D, G)** 315
Four local cheeses, toasted ciabatta,
seed crackers, homemade preserves

BEA'S CHEESCAKE (V, D, G, E) 🍄 235
Served with vanilla cream, strawberry gel

SEASONAL FRUIT SELECTION (V, D) 190
Sliced seasonal fruit, yoghurt, berry gel

**TRIO OF HOMEMADE
ICE CREAM (V, D, E)** 150
Vanilla, chocolate, strawberry,
Bea's honeycomb, Peppermint Crisp, coffee

TRIO OF SORBET (VG) 150
Please ask your waitron for details

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IN-ROOM DINING

CHILDREN'S MENU

SANDWICHES & WRAPS (AVAILABLE 24/7)

Sandwiches are served plain, or toasted, on white, or brown bread, wholewheat wraps, sourdough or gluten-free wraps, all served with fries, or a side salad.

Gluten-free wrap 20

CHEESE & TOMATO (V, D, G)	85	CHICKEN MAYONNAISE (D, G, E)	85
HAM & MOZZARELLA CHEESE (V, P, G)	85	VEGAN GOUDA & AVOCADO (VG)	85
TUNA MAYONNAISE (D, G)	85	EGG MAYONNAISE (D, G, E)	85

SIGNATURE MAINS (AVAILABLE 24/7)

Served with salad, vegetables, or fries

CRUDITÉS (V, D)	80	SPAGHETTI PASTA (D, G)	100
Cheddar & mozzarella sticks, carrots, cucumber, hummus		Butter and Parmesan, chicken and broccoli alfredo, or bolognese	
MINI BURGERS (D, G)	110	MACARONI & CHEESE (V, D, G)	95
Barbecue chicken, beef or vegan, all served with fries, or a side salad		Macaroni pasta with creamy Cheddar cheese sauce	
GRILLED OR CRUMBED CHICKEN STRIPS (D)	100	PIZZA (D, G, P)	100
With barbecue dip, served with fries, mash or side salad		Ham & pineapple, bacon & mushroom, tomato & mozzarella cheese or avocado & feta	
CRUMBED FISH NUGGETS (D, G, E)	100	BEEF OR PORK BANGERS (D, P)	100
With herb yoghurt dip, served with fries, mash or side salad		Served with mash & peas	
FISH & CHIPS (G, D, E)	100	NOODLES (P, E, G)	90
Battered or grilled served with salad or steamed carrots and broccoli		Egg noodles with side peas, bacon bits, corn	

TO FINISH (AVAILABLE 24/7)

ICE CREAM SUNDAE (D, G, E)	85	CHOCOLATE BROWNIES (D, G, E)	85
Chocolate & vanilla or vanilla & berries		With vanilla ice cream	
WAFFLE & STRAWBERRY		SLICED FRUIT PLATTER (V, D)	80
		With yoghurt, or sorbet	
SALAD (D, G, E)	85	VEGAN COOKIES (VG, G, N)	50
With vanilla ice cream		Vegan peanut butter & oat cookies	
VEGAN YOGHURT & BERRY PARFAIT (V, D, G)	85		
Vegan coconut yoghurt with seasonal berries			

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DRINKS (AVAILABLE 24/7)

BEERS

Castle Lite	60
Amstel Lager	60

WINES

Raats Chenin Blanc	650
Beyerskloof Pinotage	510

GINS

Musgrave Pink	85
Musgrave 11	85

SOFT DRINKS

Assorted soft drinks & mixers	45
Bos Iced Tea	46

SNACKS (AVAILABLE 24/7)

BEEF BILTONG (240G)	215	BEEF DROËWORS (120G)	160
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