

From its secluded position within the camp, Xigera Safari Lodge Spa looks out over the Okavango Delta's expansive floodplains. Silent, but for the sounds of wildlife that surround it, the spa immerses guests in a restorative experience like no other. Everything has been designed to meet each guest's unique needs in a setting of superlative comfort and tranquillity.

Our therapists work in harmony with the natural world, using only the purest products from our natural skincare partner, Tata Harper, and our own Xigera line. Soul-soothing, individually customised treatments focus on the senses, re-energising and nurturing body and mind.

Each treatment, utilising specially sourced natural ingredients, incorporates three pillars of wellness:

Restore - to revert to our natural essence
Calm - to soothe away stress and anxiety
Purify - to reveal our inherent purity and find inner peace

Let us take you on this journey of relaxation and wellness in the heart of the largest oasis in Africa.



TATA HARPER®

Uncompromising beauty and absolute purity are the hallmarks of the Tata Harper skincare range. A pioneer in natural luxury skincare, founder Tata couldn't find 100% natural products that were up to her impeccable standards of efficiency, quality, and purity. So she started to make them - for herself, and for women like her who refuse to compromise their health for beauty.

Tata Harper packs the most ingredients at the highest levels of concentration to deliver maximum results - without a single drop of artificial chemicals. At her organic farm in the Champlain Valley of Vermont, Tata and her team of green beauty engineers practice science in the context of nature. Using more than 400 ingredients sourced from 75 countries, they develop nature-derived formulas with the highest-powered ingredients and latest technology.

All Tata Harper formulas are engineered, batched, and filled on our farm to create the freshest skincare possible. They are 100% free from GMOs, toxins, fillers, artificial colours and fragrances, and synthetic chemicals.

THE HAND-SELECTED INGREDIENTS INCLUDE:

- AFRICAN WILD GRAPE
- EDDELWEISS STEM CELLS
- INCA INCHI
- POMEGRANATE HYDROSPHERES
- NARCISSUS BULB EXTRACT
- GRAPE POLYPHENOLS
- FERMENTED GIANT BAMBOO

The brand's crown of flowers is its stamp of approval that its products are of the highest quality and freshness possible. The entire line is certified by Ecocert, the most rigorous organic certification body in the world. Additionally, products are certified as Peta Cruelty-Free and Vegan, and are endorsed by the Leaping Bunny Association, and the American Vegetarian Association.

Tata Harper products are made for those who expect the best and want the most results from their skincare.

TATA HARPER FACE RITUALS

BWP

CALMING HYDRATION BOOSTER

2200

60 MIN

A deeply hydrating regimen uses the plumping power of hyaluronic acid to nourish dry, irritated skin. This treatment is effective at restoring the skin's natural hydration while protecting it from environmental aggressors. An oxygenic face massage and warm honey mask leave your skin plumped and nourished, while the thermal eye therapy and refreshing hand and foot ritual complete the sensory journey.

THE PURIFYING CUSTOM SOLUTION

2200

60 MIN

This fully customisable treatment starts with a thorough complexion analysis to determine the specific needs of your skin. The tailored regimen paired with individualised techniques leaves skin balanced and glowing.

SUPERKIND RESTORING FACIAL

2750

75 MIN

Designed for reactive, sensitive and damaged skin. This calming, restorative facial delivers a nutrient-rich elixir that fortifies the skin's barrier. The Gua Sha Massage has a soothing effect to stabilize particularly delicate and fragile skin. Benefits of this facial include: meticulously curated ingredients for stress-free formulas. Replenish, fortify and optimise the skin's barrier. Rebalances the microbiome and acid mantle. Filters and defends against irritants and aggressors. Comforts and soothes irritated and stressed skin.

RESTORING REMODELAGE FACIAL

2750

75 MIN

This facial is focused on activating collagen production to help fight premature signs of aging. The treatment pairs intra-epidermal micro-stimulation with the potent power of Tata Harper's Supernatural collection for age-defying results. Using singing bowl ritual and face mapping therapy this treatment encourages positive and calming emotions to soothe your busy mind. A combination of remodelage and cupping face massage reinforces the skin's natural defense system, maintains a long-lasting hydration level and improves elasticity. Its spectacular lifting effect acts from within the deeper layers of the skin.

TATA HARPER GENTLEMAN'S RITUAL

BWP

THE PURIFYING MEN'S SKIN SOLUTION

2200

60 MIN

This treatment addresses the specific needs of men's skin. The regimen focuses on reducing congestion and shaving irritation, leaving skin refined and nourished.

TATA HARPER BODY RITUALS

BWP

RESTORING HONEY COCOON BODY RITUAL

2600

90 MIN

This indulgent and uplifting treatment includes a body envelopment, full body scrub to soften and revitalize the skin, and a body wrap rich in honey and pomegranate enzymes to nurture the skin. A relaxing body massage completes this unique pampering experience.

PURIFYING SERENITY BODY RITUAL

2200

60 MIN

This ritual is focused on polishing the body. An exfoliating scrub and nourishing body oil application leave your skin smooth and refreshed.

RESURFACING BODY TREATMENT

4050

90 MIN

The treatment begins with whole body dry-brushing which loosens dead skin cells, while Resurfacing Serum smooths and hydrates for brighter, more even-looking skin. A body massage performed with thermal Gua Sha Stones helps to ease tension, promote lymphatic drainage, and tone the body for a sculpted, lifted look.

TATA HARPER MASSAGE RITUALS

BWP

CALMING ORGANIC BODY MASSAGE

1950/2550

60 MIN / 90 MIN

Experience total relaxation during this soothing massage, reducing bodily tension from the inside out. Using a customised blend of herbs and botanicals straight from Tata Harper's Vermont farm, this massage focuses on problematic areas for ultimate stress relief.

DEEP TISSUE MASSAGE

2200/2800

60 MIN / 90 MIN

The antioxidant-rich balm is applied to the body using therapeutic movements in this stimulating and deeply energizing massage.

Soak up the natural healing properties of African botanicals and minerals in Xigera's own range of exclusive body care products and professional spa treatments. Prepared especially for us, the Xigera Spa Body Treatments product line is formulated from the very best quality indigenous plant extracts using eco-friendly production technologies.

Xigera Spa Body Treatments has been created in honour of Bea Tollman, founder and president of The Red Carnation Hotel Collection, who says: "The unique natural locations of each of the Red Carnation properties are encapsulated in our products and treatments, which harness the essential, life-giving properties of Mother Nature's rich bounty to calm, detoxify, nourish and energise body, mind and spirit."

ACTIVE INGREDIENTS INCLUDE MANY ANCIENT PLANT EXTRACTS FOUND ONLY IN SOUTHERN AFRICA, SUCH AS:

- BAOBAB TREE OIL
- AVOCADO BUTTER
- CAPE CHAMOMILE
- XIMENIA KERNAL OIL
- AFRICAN SAUSAGE TREE (KIGELIA AFRICANA)
- CEDARWOOD
- SHEA BUTTER
- ROOIBOS (REDBUSH)
- MARULA OIL
- HONEY
- HONEYBUSH
- MAFURA BUTTER
- CAPE ALOE (ALOE FERROX)
- WEST COAST ATLANTIC SEA SALTS
- MONGONGO NUT

PRODUCT INTEGRITY

- WE USE RENEWABLE INDIGENOUS SPECIES
- NO USE OF SYNTHETIC PESTICIDES, FERTILIZERS AND MONO- CULTURAL PLANTATION AGRICULTURE
- SUSTAINABLE HARVESTING PRACTICES
- NO SOLVENTS OR IRRADIATION USED IN THE ORGANIC CERTIFIED PROCESS OF EXTRACTION
- NOT TESTED ON ANIMALS
- OUR SPECIALIST SOUTH AFRICAN MANUFACTURERS PROVIDE THE BEST QUALITY AFRICAN PLANT EXTRACTS
- OUR SUPPLIERS SUPPORT ORGANIC CERTIFICATION (WHERE APPLICABLE), SUSTAINABILITY AND FAIR TRADE

XIGERA SPA

BWP

BODY TREATMENTS

PURIFYING CLAY BODY WRAP WITH HERBAL SALT

BODY EXFOLIATION

1200

60 MIN

Invigorate your skin with a full body exfoliation eliminating excess surface skin cells. Skin is left soft, radiant and ready to absorb nutrients. Next, a cleansing clay body wrap featuring a blend of essential oils and purifying ingredients detoxifies and re-mineralises the skin, followed by a foot or scalp massage.

WITH 30 MIN MASSAGE

1600

PURIFYING HERBAL SALT BODY EXOFLIATION

880

30 MIN

Invigorate your skin with a full body exfoliation eliminating excess surface skin cells. Skin is left soft, radiant and ready to absorb nutrients.

XIGERA SIGNATURE

BWP

TREATMENTS

PURIFYING ROSE QUARTZ FULL BODY MASSAGE

1650

60 MIN

Rose quartz is used to add positive energy to relationships, enhance compassion and forgiveness, and balance the upper four chakras, easing emotional imbalance. This calming treatment, designed around the stone of love, will nourish your body, heart and soul. Using Xigera massage oil infused with quartz, our therapists will perfectly craft a massage to calm your mind and soul.

RESTORING MASSAGE

990

60 MIN

Release tensions in your body and mind in this holistic treatment focusing on the back, feet and scalp. This unique massage incorporates meditation and breathing, targeting the main areas of the body which hold stress.

PURIFYING REFLEXOLOGY

1350

60 MIN

Our therapists are trained in the age-old practice of pressure point stimulation of the feet, which are divided into zones that represent the whole body. Thorough stimulation of all reflex areas of the feet reduces stress and creates a space in the recipient's body for healing to take place.

PURIFYING RUNGU MASSAGE

990

60 MIN

A unique full body massage administered with a Rungu, a wooden throwing club or baton that carries special symbolism in East African tribal cultures. This massage will deeply relax the muscles, stimulate blood flow, soothe soreness, and reduce stress.

ADD-ON TOUCHES

BWP

The following additional treatments can be added on to any of the treatments you choose. They are intended to round off your experience and make your overall treatment completely tailored to your personal needs.

RESTORING SCALP, NECK AND SHOULDER

MASSAGE

550

30 MIN

This massage helps relieve areas of tension, concentrating on the head, shoulders and upper back.

PURIFYING REFLEXOLOGY

550

30 MIN

Our therapists are trained in the age-old practice of pressure point stimulation of the feet, which are divided into zones that represent the whole body. The massage of nerve endings situated underneath the feet triggers off a response in a corresponding part of the body. Thorough stimulation of all reflex areas of the feet reduces stress and tension and creates a space in the recipient's body for healing to take place.

Please note these treatments are to be added-on to any other treatment and cannot be booked on their own.

PERFECT FINISH

BWP

OPI SPA MANICURE / PEDICURE SERVICES

OPI SIGNATURE MANICURE 60 MIN	550
OPI SIGNATURE PEDICURE 60 MIN	550
OPI SIGNATURE GENT'S MANICURE 60 MIN	495
OPI SIGNATURE GENT'S SOLE THERAPY 60 MIN	495
OPI RE-VARNISH NAIL LACQUER 20 MIN	165
GEL SOAK-OFF 20 MIN	165

COMBINED TREATMENTS

BWP

The following treatments can be combined to give a deeper, more indulgent spa experience:

CALMING ORGANIC BODY MASSAGE AND HYDRATION BOOSTER FACIAL 120MIN	3800
PURIFYING SERENITY BODY RITUAL & PURIFYING CUSTOM SOLUTION OR MEN'S SKIN SOLUTION FACIAL 120MIN	3800
PURIFYING HERBAL SALT BODY EXFOLIATION & RESTORING MASSAGE 90MIN	2000
PURIFYING ROSE QUARTZ MASSAGE & OPI SIGNATURE PEDICURE 120MIN	2000

IN-SUITE SPA TREATMENT MENU

BWP

(For a full explanation of the in-suite treatments, please refer to the preceding pages of this menu).

XIGERA SIGNATURE TREATMENTS

RESTORING MASSAGE 60 MIN	1200
PURIFYING REFLEXOLOGY 60 MIN	1450
PURIFYING RUNGU MASSAGE 60 MIN	1200

TATA HARPER MASSAGE RITUAL

ORGANIC BODY MASSAGE 60 MIN	2200
DEEP TISSUE MASSAGE 60 MIN	2500

PERFECT FINISH

BWP

OPI SPA MANICURE / PEDICURE SERVICES

OPI SIGNATURE MANICURE 60 MIN	880
OPI SIGNATURE PEDICURE 60 MIN	880
OPI SIGNATURE GENT'S MANICURE 60 MIN	770
OPI SIGNATURE GENT'S SOLE THERAPY 60 MIN	770
OPI RE-VARNISH NAIL LACQUER 20 MIN	275
GEL SOAK-OFF 20 MIN	275

ADD-ON TOUCHES

BWP

RESTORING SCALP, NECK & SHOULDER MASSAGE 30 MIN	990
PURIFYING REFLEXOLOGY 30 MIN	990

SPA ETIQUETTE

SPA ARRIVAL

Please arrive at least 15 minutes early to check in and prepare for your treatment. If you are late for your appointment, your treatment may be shorter. You are welcome to arrive wearing the gown and slippers in your suite.

SPA ENVIRONMENT

The spa environment is one of tranquility and relaxation. Please respect all guests' right to privacy and serenity. All family members under 16 years of age must be accompanied by an adult. Please turn off cellular phones on your arrival.

HEALTH MATTERS

Please share any health conditions such as high blood pressure, allergies, pregnancy or any other health-related concerns you have when making your appointment. Please consult your doctor before using the water facilities or exercise equipment if under medical supervision or if you are taking medication. We do not recommend the consumption of alcohol before or directly after spa treatments. We encourage you to drink lots of water afterwards to help accelerate the elimination of toxins.

SPA ATTIRE

We provide spa attire including robes and disposable underwear, if you choose. Our therapists use draping techniques to respect your privacy.

VALUABLES

We recommend that you leave all jewelry and valuables in your Suite before coming to the spa.

CANCELLATIONS

In consideration of other guests, please allow three hours' notice on cancellation of treatments.

REFUNDS AND RETURNS

Treatments and packages are non-refundable, non-transferable and may not be exchanged for other treatments. For hygiene reasons, products may not be returned or exchanged.

SPA RESERVATIONS

For spa enquiries or reservations, please contact the Spa Manager or any Management in the lodge. Advance bookings are recommended to secure your preferred treatment time.

PAYMENT

All treatments will be charged into your Guest Suite and will appear on your account at the time of departure from the lodge. Alternatively, major credit cards or cash are accepted at the Spa Reception & Boutique.

HOURS OF SERVICE

SPA: 08H00 – 19H00

(FOR ALTERNATE BOOKING TIMES, PLEASE LIAISE DIRECTLY WITH THE SPA)

GYM, POOL & YOGA DECK: SUNRISE TO SUNSET

CONTACT

XIGERA SAFARI LODGE: +267 683 0129

SPA RECEPTION: 4011 OR 4010