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Tata Harper Face Rituals

Moisture Boosting Facial (60 min)

This treatment is effective at restoring the skin's natural hydration while protecting it from environmental aggressors. An oxygenic face massage and warm honey mask leave your skin plumped and nourished. Benefits of this facial include: hydration, nourishment, recovery, refreshment.

Twelve Apostles Skin Solution (60 min)

This fully customizable treatment uses a thorough complexion analysis to determine the needs of the skin. A custom regimen paired with individualized techniques leaves skin balanced and glowing. **Benefits of this facial include:** the therapist will take under consideration your skin's specific needs, balanced and renewed skin; includes extraction if needed.

Brightening Facial (75 min)

Your skin will be instantly brighter, refined and glowing with the use of natural acid peel in this facial treatment. The peel's effective formulas treat hyperpigmentation, even out skin texture and illuminate skin tone. **Benefits of this facial include:** even skin tone, smooth skin texture, bright and glowing complexion, helps to lighten the hyperpigmentation.

Ultimate Luxury Anti-aging Facial (75 min)

This facial is focused on activating collagen production to help fight premature signs of aging. The treatment pairs intra-epidermal microstimulation with the potent power of Tata Harper's Supernatural collection for age-defying results. Using singing bowl ritual and face mapping therapy this treatment encourages positive and calming emotions to soothe your busy mind. A combination of remodelage and cupping face massage reinforces the skin's natural defense system, maintains a long-lasting hydration level and improves elasticity. Its spectacular lifting effect acts from within the deeper layers of the skin. **Benefits of this facial include:** balancing your body and mind, lifting, toning, brightening, focusing on different massage techniques.

Signature Sanctuary Facial (90 min)

Designed to calm and relax your mind and body to indulge and inspire your senses. Starting with Tuning Fork ritual and face mapping therapy this treatment encourages positive and calming emotions to soothe your busy mind. A kinetique face massage and warming experience including a head, hand and feet massage will transport you to a sensory journey. **Benefits of this facial include:** relaxing your body completely, complimented with soothing scalp, feet and hand massage, focusing on stretching yogic face massage.

The spa treatment menu is valid from 01 April 2023 – 31 March 2024 • Seasonal rates apply from 15 December 2023 – 15 January 2024 All prices are quoted in South African Rand (ZAR) • All prices are quoted per person, per treatment unless specified otherwise.

R 1 800

R 1 990

R 1 800

R 1 990

R 2 150

TATA HARPER[®]

Tata Harper Gentleman's Rituals

Mens Deep Cleansing Facial (60 min)

This treatment addresses the specific needs of men's skin. The regimen focuses on reducing congestion and shaving irritation, leaving skin refined and nourished. **Benefits of this facial include:** helps to prevent and heal the ingrown hair, clear and smooth complexion, refreshed skin.

Tata Harper Body Rituals

Serenity Ritual (60 min)

This ritual is focused on polishing the body. An exfoliating scrub and nourishing body oil application leave your skin smooth and refreshed. **Benefits:** smooth and hydrated skin, brightens and revitalizes the whole body.

Honey Cocoon Body Ritual (90 min)

This indulgent and uplifting treatment includes a body envelopment, full body scrub to soften and revitalize the skin, and a body wrap rich in honey and pomegranate enzymes to nourish the skin. A relaxing body massage completes this unique pampering experience. **Benefits:** smooth and nourished skin, helps with muscle pain and tension.

Organic Body Massage (60 min / 90 min)

Experience total relaxation during this soothing massage, reducing bodily tension from the inside out. Using a customised blend of herbs and botanicals straight from Tata Harper's Vermont farm, this massage focuses on problematic areas for ultimate stress relief. **Benefits:** helps to release muscle pain and tension, refreshed and relaxed body.

Resurfacing Body Treatment (90 min)

The treatment begins with whole body dry-brushing which loosens dead skin cells, while Resurfacing Serum smooths and hydrates for brighter, more even-looking skin. A body massage performed with thermal Gua Sha Stones helps to ease tension, promote lymphatic drainage, and tone the body for a sculpted, lifted look.

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R 1 800

R 1 600 / R 1 950 ised blend of herbs

R 2 500

R 1 400

R 1 900