

THE SPA

at

BUSHMANS KLOOF

A SANCTUARY OF STILLNESS

Where Earth Heals and Stillness Begins

Set within the mystical beauty of the Cederberg wilderness, the Bushmans Kloof Spa is a refuge for the soul. Here, the raw power of nature meets centuries of healing wisdom. Our treatments draw inspiration from indigenous traditions and global wellness, tailored by expert therapists to nurture, renew, and awaken. This is your invitation to slow down, breathe deeply, and reconnect , with nature, with yourself, with stillness.

Our spa treatment menu offers an extensive variety of health and beauty enhancing treatments to ensure that our guests are nurtured, purified, pampered and relaxed.

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SPA FACILITIES AND SERVICES

Elemental Treatment Rooms

Four serene spaces – for individual or dual rituals – designed with natural textures and warm earth tones to evoke harmony and intimacy.

The Crystal Steam Room

A quartz-infused sanctuary of aromatic mist, maintained at a deeply therapeutic 42–45°C. The centrepiece, a raw rock quartz crystal, amplifies healing energy while heated stone benches and floors envelop the body in grounding warmth.

The Tranquillity Lounge

A cocoon of calm between treatments. Recline in comfort, lose yourself in a book or quiet contemplation, with soft music and the scent of the wild fynbos carried through the air.

The Rooibos Health Bar

Nourish from within with seasonal herbal infusions, including freshly brewed Rooibos tea, and wholesome, house-made snacks – all inspired by the land.

The Riverside Gazebo

A one-of-a-kind dual treatment pavilion perched at the water's edge, where birdsong and the gentle breeze become part of your ritual. This open-air setting invites deep immersion in the sights and sounds of the wilderness.

Rainfall Showers & Private Changing Areas

Thoughtfully appointed with secure lockers, plush robes, towels, and slippers to ensure comfort and care throughout your experience.

Nature-Inspired Fitness Centre

Featuring a complete range of resistance and cardio equipment, with views over the landscape to inspire movement and mindful exercise.

Heated Rock Pool

A naturally framed swimming pool with breathtaking Cederberg views – perfect for reflection, floating, or restorative laps.

Holistic Wilderness Experiences

Complimentary yoga mats in all rooms and access to mountain biking, canoeing, and curated hiking trails through the ancient sandstone cliffs and wild flora of the reserve.

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WATER CAN CARRY OUR EMOTIONS,
CHOOSE THE EMOTION YOU WOULD LIKE
TO FEEL AND ALLOW THE WATER TO
CLEANSE YOUR FEET AND FLOURISH WITHIN
YOU. YOUR BODY IS MADE OF WATER,
WITHOUT WATER WE ARE NOTHING.

WATER IS LIFE GIVING.

A STONE OF THE EARTH – THE ELEMENT OF
STABILITY AND NURTURING. LET THIS EARTH
AND WATER INSPIRE AND BALANCE YOU,
ALLOWING YOUR JOURNEY OF
RELAXATION TO BEGIN.

”

BRAND PHILOSOPHY

ELEMIS

Your skin, your body and your wellness lie at the heart of Elemis. Hands-on, our Elemis therapists harness the power of nature and science to create ground-breaking formulations that genuinely transform your skin. Personally prescribed. Sublimely sensory.

The experience is exceptional, the results are real. The Elemis Spa philosophy is designed to respect the body's complex physiology, Elemis spa-therapies work in natural synergy with the skin, body and mind. Every treatment is specifically designed to offer a unique experience, using powerful massage sequences and the most potent actives available in the world today

ESSE

Esse is a professional microbiome skincare brand. For skin to be more youthful and resilient, it must first be sustainably healthy. We achieve this by shifting and rebalancing the microbiome with products at the forefront of ethical science.

This is how you reclaim the skin you were born to have.

This is skin as it should be.

ENVIRON

Environ Skin Care is a professional, results-driven skincare brand that focuses on scientifically backed, vitamin-infused products to promote healthy, radiant skin. Founded by Dr. Des Fernandes, Environ's products are designed to support skin health and address various skin concerns, such as aging, hyperpigmentation, and acne.

With a range of products containing powerful antioxidants like vitamins A, C, and E, Environ's skincare philosophy emphasizes consistent use and tailored professional treatments to achieve optimal results. Environ products are recommended by professional skincare therapists.

SACRED JOURNEYS

Rooted Rituals to Ground, Rebalance, and Renew

Cederberg "Soul"ution (90 mins)

A soul-deep signature ritual honouring the natural wisdom of Fynbos and Rooibos, warm stone therapy, and healing waters in our Riverside Gazebo.

R2 250

Celebration of Life (90 mins)

A ceremony of touch and stillness – full-body massage, facial and foot ritual to mark a moment, memory, or transition.

R 2 250

Bushmans Kloof Signature Massage (60 mins)

A fusion of Swedish, reflexology, and deep tissue practices – traditional hands-on healing, rooted in local energy.

R 1 600

Rose Quartz Massage (90 mins)

A heart medicine ritual using the sacred stone of love to open the chest, clear emotional tension, and align the upper chakras.

R 2 450

HANDS OF THE ANCESTORS

Therapies Guided by Nature and Intuition

Swedish Massage (60 mins)

Classic, fluid, and deeply restorative.

R 1 550

Chakra Candle Massage (60 mins)

A colour-infused ritual using warm soy candles and scent to balance and realign.

R 1 850

Heated Stone Massage (45 / 60 / 90 mins)

Mother Earth's basalt stones work their warmth into your energy centres.

R 1 450 / R 1 750 / R 2 250

Scalp & Foot Grounding (30 mins)

A ritual of soles and crown, pressure points to reconnect, reawaken.

R 850

Back, Neck & Shoulder Ritual (45 mins)

Focuses on tension-held places; ideal for release after travel or trail.

R 1 200

Bellabaci Fire Cupping Massage (60 mins)

Cupping tradition reinterpreted – lymphatic drainage, energy shift, deep detox.

R 1 650

Optional extra: Get close to nature and book the Riverside Gazebo with any of the Signature Experiences, Touch Therapies and Facials at an additional surcharge of R 200. Please Note: Treatment time includes consultation and welcoming foot ritual.

FOOTPRINTS & FINISHING TOUCHES

Earth Rituals for Hands, Feet & Form

Sole of the Earth Foot Ceremony (75 mins)

Hot stone foot massage, copper soak, and healing masque for the traveller's journey.

R 1 250

San's Hand Ritual (75 mins)

A restorative manicure steeped in hydration and age-defying touch.

R 1 250

Classic Manicure / Pedicure (60 mins)

R 660

File, Buff & Paint (20 mins)

R 390

Facial & Waxing Enhancements

Lip / Chin Wax

R 185

Half Leg

R 400

Brow Tint or Shape

R 185

Bikini

R 400

Lash Tint

R 185

Full Leg + Bikini

R 870

Lash & Brow Tint Combo

R 340

Underarm

R 190

Full Leg Wax

R 530

THE SALT & SOIL RITUALS

Body Polishes & Natural Skin Awakening

Baobab Salt Scrub

Mineral salt and ancient baobab exfoliate, awaken, and refresh the whole body.

R 860

Elemis Lime & Ginger Glow

Zesty sea salt polish followed by botanical oil infusion for luminous skin.

R 1 100

Elemis Frangipani Glow

A silky ritual that melts into the skin with floral warmth and deep hydration.

R 1 100

ELEMIS

London

FACIAL TREATMENTS BY ELEMIS

Our skin care therapists are highly qualified and trained to provide the ultimate skincare treatments. All our treatments begin with a thorough consultation to assess your individual concerns so as to give the most appropriate treatment, ensuring that your experience is all you would expect and more! Each 60-minute superior treatment is enhanced by a luxurious hand and arm massage and de-stress scalp treatment for the ultimate in scientific skin-therapy.

ELEMIS TOUCH FACIALS

ELEMIS EXPERT Touch Nourish Facial (60 mins)

CLEANSE, REBALANCE & REVIVE

Boost skin radiance with our triple-cleanse facial infused with a blend of antioxidant-rich facial oils, leaving your skin feeling nourished, rebalanced and revived.

R 1 950

EXPERT Touch Reveal Facial (60 mins)

RESURFACE, SMOOTH & GLOW

Powered by our patented Tri-Enzyme technology, this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

R 1 950

ELEMIS EXPERT Touch Renew Facial (60 mins)

HYDRATE, LIFT & FIRM

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

R 1 950

ELEMIS EXPERT Touch Define Facial (60 mins/90 mins)

ENERGISE, REJUVENATE & SCULPT

This innovative facial captures the power of clinically proven intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin.

For the ultimate facial experience book our 90min option.

R 1 950 / R 2 450

ELEMIS Skin Booster Facial (30 mins)

Maximum results with minimum time. Your skin will be rejuvenated after this hands-on treatment. Our therapists will cleanse, tone, exfoliate your skin and leave you feeling relaxed and your skin glowing.

R 1 300

ELEMIS

London

ELEMIS BODY RITUALS

ELEMIS Detox Duo (90 mins)

Awaken your senses and reset your body with this invigorating detox ritual.

Begin with a revitalizing lime and ginger body exfoliation that stimulates circulation and smooths the skin, preparing it for deeper renewal. A detoxifying massage follows, using Elemis Cellutox oil to target areas of concern, enhanced by Bellabaci cupping to encourage lymphatic drainage and reduce fluid retention. The experience concludes with a refreshing detox smoothie, nourishing your body from within and leaving you feeling lighter, brighter, and rebalanced.

R 3 200

ELEMIS Nourishing Wrap (75 mins)

This deeply hydrating ritual begins with your choice of exfoliation, gently polishing the skin to perfection. You're then enveloped in a warm milk bath wrap infused with skin-softening botanicals, while a soothing scalp massage melts away tension. To finish, your body is treated to a luxurious application of Frangipani Monoi oil, leaving your skin silky, radiant, and delicately perfumed. A true indulgence for dry or depleted skin, this wrap restores moisture and serenity in equal measure.

R2 850

ELEMIS Aromastone Therapy (90 mins)

Designed to release deep-seated tension and restore balance, this grounding treatment begins with dry body brushing to awaken circulation and gently exfoliate.

A 75-minute hot stone massage follows, using Elemis Muscleease oil to penetrate tired muscles and soothe aches. The warmth of the stones combined with the therapeutic oil creates a profound sense of relaxation, making this the ideal choice for those seeking relief from stress or muscular fatigue.

R 2 250

Peaceful Pregnancy Massage (75 mins)

Mothers to be are restored to optimum wellness. This massage is intuitive and relaxing while hydrating skin that is expanding to accommodate a growing baby.

Please note: Mothers to be must be past the first trimester of pregnancy to experience this massage.

R 2 020

ESSE

Skincare

ESSE LUXURY FACIAL COLLECTION

Experience the science of nature with each touch, each breath,
and each transformative moment.

THE ESSE EXPERIENCE – A Personalized Ritual of Renewal (60 mins)

Tailored to your unique skin needs, this luxurious facial redefines skincare
with Biotherapeutic ingredients.

A tranquil infusion of nature's finest ingredients restores balance, vitality, and deep
hydration. Acupressure techniques enhance circulation and skin health, leaving your
complexion supple, radiant and vibrantly alive.

R 1 750

LIVE PROBIOTIC THERAPY – A Revolution in Skin Restoration (90 mins)

The gold standard in skin healing and renewal, using live probiotics
to combat inflammation and signs of aging.

From the very first touch, warmth spreads as nutrient-rich ampoule caress the skin,
with superior hydration immersing you in deep relaxation. Designed to enhance barrier
function and calm sensitivity, this therapy is an unparalleled experience in skincare luxury.

R 2 250

TIMELESS ESSENCE – Anti-Aging Elixir (75 mins)

A specialized treatment for mature skin, blending probiotic power with potent botanicals.
Lavish layers of regenerating formulations compliment the skin, stimulating collagen and
elastin production and softening fine lines. Experience an age-defying glow as massage
techniques lift, sculpt, and restore youthful suppleness.

R 1 950

SOOTHING SENSITIVE – for Soothing Skin Serenity (75 mins)

A soothing sensitive facial designed to nurture delicate skin.

It aims to rebalance the microbiome where inflammation is present. This facial will calm,
restore, balance and strengthen as your skin is recuperated with resilience.

R1 950

ENVIRON

LUXURIOUS SKINCARE WITH ENVIRON

Where Science Meets Serenity.

Our award-winning **lonzyme® DF Technology** harnesses the power of pulsed Iontophoresis and low-frequency Sonophoresis, channelling essential nutrients 40 times deeper into your skin's layers to restore vitality, youthfulness, and unparalleled luminosity.

ESSENTIAL FACIAL TREATMENTS

A Symphony of Skincare Excellence

ESSENTIAL YOUTH RESET (90 mins)

ESSENTIAL Help soften the appearance of fine lines, sun-damage & sagging skin with this peptide and vitamin-packed treatment for a more youthful appearance.

R1 950

ESSENTIAL MOISTURE BOOST (90 mins)

Help reduce the appearance of fine lines caused by dehydration and promote a more moisturised glow with this intensive treatment featuring hyaluronic acid as the key ingredient.

R1 950

ESSENTIAL COMFORT CALM (90 mins)

A speHelp sooth and comfort sensitive and irritated skin with this treatment which combines powerful ingredients to leave the skin feeling restored with a healthy-looking radiance.

R 1 950

ESSENTIAL RADIANCE REVEAL (90 mins)

Help target the signs of sun-damage and pigmentation with this treatment which boosts the skin with the correct combination of ingredients for an even-toned, radiant-looking appearance.

R1 950

CEDERBERG CEREMONY PACKAGES

Moments to Mark. Journeys to Honour.

Togetherness Ritual (Izithandani) (3.5 hours)

Soul'ution Ritual, Facial, spa picnic & bubbles.

R 5 500

Babymoon Retreat (3.5 hours)

Pregnancy massage, hand/foot therapy, and facial.

R 4 700

Bridal Beauty (3.5 hours)

Touch massage, facial, deluxe hands & feet.

R 4 500

Corporate Wellness Escape (75 mins)

Choice of massage and garden ritual.

R 4 500

SPA'rtly Group Retreat (90 mins)

Choice of any two treatments

Hot Stone Back, Neck and Shoulder Massage (45 mins)

Hydrating Facial (45 mins)

Bushmans Kloof Back, Neck and shoulder Massage (45mins)

Hydrating full body scrub and shower (45 mins)

Hair treatment and scalp massage (45 mins)

R 1 900 per person

The 'SPArties' package is available for groups of 3-6 guests.
Treatment plans will be tailor-made to your group and includes a cocktail of your choice.

SPA ETIQUETTE

Spa Arrival

Arriving late may make it necessary to limit time for your treatment so the next guest is not delayed. Please arrive at least 15 minutes before the scheduled time to check in and prepare to enjoy your treatment.

Spa Environment

Your spa environment is one of tranquility and relaxation.
Please respect all spa guests' right to privacy and serenity.
All family members under 16 years of age must be accompanied by an adult.

Health Matters

Please communicate health conditions such as high blood pressure, allergies, pregnancy or any other health related concerns you have when making your appointment.
We do not recommend the consumption of alcohol before or directly after spa treatments.
Please consult your doctor before using the spa heat and water facilities or exercise equipment if under medical supervision or if you are taking medication. For moms-to-be, we have specifically designed treatments to care for both of you. Please allow our therapists to guide you in selecting which treatments are most suitable for you during this time. We recommend that you drink lots of water after your spa treatments to help accelerate the elimination of toxins.

Spa Attire

We will provide you with spa attire including a choice of spa underwear or you may choose to wear your own. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy. Valuables We provide a secure place to store your personal items inside the spa locker rooms however do not assume any liability for personal items and recommend you leave valuables in the safe in your hotel room or suite.

Cancellation Policy

The treatments you select are reserved especially for you. Guests will be charged a 100% cancellation fee for treatments cancelled less than 24 hours from the scheduled appointment time

Refunds and Returns

Treatments and packages are non-refundable, non-transferable and may not be exchanged for other treatments. For hygiene reasons, products purchased may not be returned or exchanged.

Hours of Service

Spa: 08h00 to 19h00
Fitness: 24 hour access
Outdoor Pools: Sunrise to sunset
Reservations & Enquiries: Dial extension #9